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## GUIDE TO MEDICAL PROVIDERS AND THERAPISTS FOR INTERNATIONALLY ADOPTED CHILDREN

The American Academy of Pediatrics provides a state-by-state directory of health care providers serving adopted children: [www.aap.org/sections/adoption/SOAFCAAdoptionDirectory2.pdf](http://www.aap.org/sections/adoption/SOAFCAAdoptionDirectory2.pdf)

The list includes physicians in private practice as well as those who provide services for domestically adopted children.

May 17, 2011—The [latest rankings](#) of children's hospitals by *US News & World Report*

Below is a link to an article on the importance of establishing a good relationship with your child's doctor. If you do not have a medical center that specializes in international adoptee care, often a well-trained family doctor can provide this care: <http://www.ama-assn.org/amednews/2012/01/09/prsb0109.htm>

Here is information regarding a comprehensive evaluation of an adopted child once home: <http://pediatrics.aappublications.org/content/129/1/e214.full>

### ALABAMA

**The University of Alabama International Adoption Clinic**  
Jennifer Nobles Chambers, MD, MPH & TM (clinic Director)  
<http://adoption.chsys.org/>

### ARIZONA

**Phoenix Children's Hospital's Neuroscience Center**  
Dr. Lavoie is highly recommended  
(602) 546-0990  
[www.phoenixchildrens.com/medical-specialties/childrens\\_neuroscience\\_institute/](http://www.phoenixchildrens.com/medical-specialties/childrens_neuroscience_institute/)

**The Melmed Center in Scottsdale**  
5020 East Shea Blvd, Suite 100  
Scottsdale, AZ 85254  
(480) 443-0050  
[www.melmedcenter.com](http://www.melmedcenter.com)

Nightlight Christian Adoptions  
4430 E. Miraloma Avenue, Suite B  
Anaheim Hills, CA 92807  
Telephone: (714) 693-KIDS (5437)  
Fax: (714) 693-5438  
[Nightlight.org](http://Nightlight.org)  
License #306004124

Nightlight Christian Adoptions  
150 E. 29<sup>th</sup> Street, Suite 255  
Loveland, CO 80538  
Telephone: (970) 663-5501  
Fax: (970) 663-9051  
[Nightlight.org](http://Nightlight.org)  
License #1590226

Nightlight Christian Adoptions  
1527 Wade Hampton Boulevard  
Greenville, SC 29609  
Telephone: (864) 268-0570  
Fax: (864) 370-0036  
[Nightlight.org](http://Nightlight.org)  
License #SR-000450001-CPA

A Helping Hand Adoption Agency  
1510 Newtown Pike, Suite 152  
Lexington, KY 40511  
Telephone: (859) 263-9964  
Fax: (859) 263-9957  
[WorldAdoptions.org](http://WorldAdoptions.org)  
License # 500256

**Dr. Boris Gindis' "Leaps and Bounds" Clinic**

1760 E Pecos Rd.

Gilbert, AZ 85296

480 980-5704

<http://leapsandboundspc.com>

**Mariann Arcari Rubin, LCSW**

Mother to a son adopted from Russia

480 380-6248

[mrubin@thoughtprocess.com](mailto:mrubin@thoughtprocess.com)

[www.marubin.com](http://www.marubin.com)

**Jennifer Rosenfeld, LMSW**

Attachment and Trauma Specialist

(480) 459-8495

[jar226@aol.com](mailto:jar226@aol.com)

ARKANSAS

**Treatment Homes, Inc.**

Little Rock, AK

Three therapists trained by The Institute for Attachment & Child Development.

501-372-5039

<http://treatmenthomes.org/>

CALIFORNIA

**International Adoption Clinic**

**Children's Hospital & Research Center at Oakland**

Nancy Curtis MD

Carina Grandison Ph.D.

Oakland, California

[www.internationaladoptionclinic.org](http://www.internationaladoptionclinic.org)

**Miller Children's Hospital**

**Stramski Developmental Center**

**International Adoption Program**

Gary Feldman, MD

Long Beach, California

Email: [GFeldman@memorialcare.org](mailto:GFeldman@memorialcare.org)

[www.millerchildrenshospitallb.org/adoptions](http://www.millerchildrenshospitallb.org/adoptions)

This organization provides one of the best evaluations for children with possible Fetal Alcohol Syndrome.

## COLORADO

### **The Institute For Attachment & Child Development**

P.O. Box 730, Kittredge, CO 80457

(303) 674-1910

<http://instituteforattachment.org/>

## CONNECTICUT

### **Yale University International Adoption Clinic**

[www.med.yale.edu/pediat/adoption/](http://www.med.yale.edu/pediat/adoption/)

## DISTRICT OF COLUMBIA

### **Center for Child and Hyman Development**

**Department of Pediatrics, Georgetown University School of Medicine**

International Adoptions Health Resource Center

<http://gucchd.georgetown.edu/>

## ILLINOIS

### **University of Chicago Comer Children's Hospital International Adoption Clinic International Adoption Clinic**

[www.uchicagokidshospital.org/specialties/adoption/services.html](http://www.uchicagokidshospital.org/specialties/adoption/services.html)

### **Children's Research Triangle**

Ira Chasnoff, M.D.

Dr. Chasnoff has specialized in prenatal drug and alcohol exposure.

[www.childstudy.org](http://www.childstudy.org)

### **Children's Memorial Hospital**

Chicago, IL

Todd Ochs, M.D.

[www.childrensmemorial.org/depts/infectious/adoptee.aspx](http://www.childrensmemorial.org/depts/infectious/adoptee.aspx)

This site also lists great resources for adoptive parents within the state of Illinois

## INDIANA

### **International Adoption Clinic**

**Riley Hospital for Children, University of Indiana**

Julie Keck, M.D.

Carmel, IN

[www.rileydocs.com/physicians/jkeck](http://www.rileydocs.com/physicians/jkeck)

## MAINE

### **Maine Medical Center**

Portland, Maine

[www.mmc.org](http://www.mmc.org)

## MARYLAND

### **International Adoption Clinic**

(Kennedy Krieger Institute & Johns Hopkins Children's Center)

Baltimore, Maryland

<http://adoptiondoc.org>

## MASSACHUSETTS

### **International Adoption Clinic and Floating Hospital for Children**

Boston, MA 02111

[www.floatinghospital.org/OurServices/SpecialServices/InternationalAdoption/](http://www.floatinghospital.org/OurServices/SpecialServices/InternationalAdoption/)

### **Children's Hospital Boston Adoption Program**

Lisa Albers, MD, MPH

Boston, Massachusetts

Phone: 617-355-4125

[www.childrenshospital.org/chnews/11-08-04/angel.html](http://www.childrenshospital.org/chnews/11-08-04/angel.html)

## MICHIGAN

### **St. Joseph Mercy Hospital**

Dr. Jerry Jenista

551 Second St

Ann Arbor, Michigan

Phone: 734-668-0419

Fax: 734-668-9492

## COUNSELING SERVICES

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### **Sharon Myers**

1707 E 12 Mile Road

Roseville, MI 48066,

586 445-8910,

*This Christian psychiatrist provides general medical assessment as well as counseling services.*

*She came highly recommended from a family of a 13-year-old adoptee.*

MINNESOTA

**International Adoption Clinic**

**University of Minnesota**

Dana Johnson, M.D., Ph.D.

Minneapolis, MN

[www.med.umn.edu/peds/iac/](http://www.med.umn.edu/peds/iac/)

MISSOURI

**SSM Cardinal Glennon Children's Medical Center**

**FACES (Foreign Adoption Clinic and Educational Services)**

[www.cardinalglennon.com/Pages/FACESForeignAdoptionClinicandEducationalServices.aspx](http://www.cardinalglennon.com/Pages/FACESForeignAdoptionClinicandEducationalServices.aspx)

NEW JERSEY

**Valley Health Center for Child Development and Wellness**

Lisa Nalven, M.D

Ridgewood, NJ 07450

[www.valleyhealth.com/Adoption](http://www.valleyhealth.com/Adoption)

NEW YORK

**The ICD Child Center for Growth and Development**

New York, NY 10010

[www.icdnyc.org](http://www.icdnyc.org)

**International Pediatric Health Services (PLLC)**

Dr. Jane Aronson

International Pediatric Health Services, PLLC

[www.orphandoctor.com](http://www.orphandoctor.com)

**Steven and Alexandra Cohen Children's Medical Center of New York**

Andrew Adesman, MD

Division of Developmental and Behavioral Pediatrics

1983 Marcus Ave, Suite 130

Lake Success, NY 11042

Phone: 516-802-6150

Fax: 516-616-5801

[www.northshorelij.com/ccmcny/ccmcny-our-services/ccmcny-adoption-evaluation](http://www.northshorelij.com/ccmcny/ccmcny-our-services/ccmcny-adoption-evaluation)

## NORTH CAROLINA

### *COUNSELING SERVICES:*

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#### **Beatitude House**

Waynesville, NC

[www.beatitudehouse.org](http://www.beatitudehouse.org)

*This is a Christian resource for those struggling with behavioral and attachment issues. The counselors provide counseling sessions for those living within a driving distance and two-week intensive counseling sessions with the child and parents. They are open to talking to families who are struggling, so feel free to call them.*

#### **Bob Hanna, PhD**

Licensed Psychologist

775 Haywood Road, Suite E

West Asheville, NC 28806

828-768-1827

806-209-3389 (Fax)

bobhanna1@charter.net

#### **Natalie Sadler M.D.**

Psychiatrist

200 North Greensboro St. Suite C7A

Carrboro, NC 27519

919-929-7527

## OHIO

#### **Adoption Health Service**

##### **Rainbow Babies and Children's Hospital**

Anna M. Mandalakas, MD

Cleveland, OH

[www.uhhospitals.org/rainbowchildren/tabid/166/Default.aspx](http://www.uhhospitals.org/rainbowchildren/tabid/166/Default.aspx)

#### **The International Adoption Center**

Cincinnati Children's Hospital Medical Center

[www.cincinnatichildrens.org/IAC](http://www.cincinnatichildrens.org/IAC)

#### **Cleveland Clinic Children's Hospital**

Cleveland, OH

<http://my.clevelandclinic.org/childrens-hospital/specialties-services/programs-services/international-adoption.aspx>

#### **Akron Children's Hospital**

##### **Oak Adoptive Health Center**

Akron, OH

[www.akronchildrens.org/cms/site/fe23430bd1858036/](http://www.akronchildrens.org/cms/site/fe23430bd1858036/)

**Columbus Children's Hospital**

Ohio State University

[www.nationwidechildrens.org/international-adoption-clinic](http://www.nationwidechildrens.org/international-adoption-clinic)

COUNSELING SERVICES

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**Attachment and Bonding Center of Ohio**

Greg Keck, PhD

*This clinic is for families struggling with attachment and behavioral issues with their internationally adopted children.*

[www.abcofohio.net](http://www.abcofohio.net)

OREGON

**Oregon Health & Sciences University**

Portland, OR

[www.ohsu.edu/adoption](http://www.ohsu.edu/adoption)

PENNSYLVANIA

**Children's Hospital of Philadelphia**

**International Adoption Health Program**

[www.chop.edu/service/adoption/](http://www.chop.edu/service/adoption/)

RHODE ISLAND

**Adoptions International**

Dr. Boris Skurkovich

Providence, Rhode Island

<http://adoptionsinternational.com/>

**Hasbro Children's Hospital**

**International Adoption Clinic**

Providence, Rhode Island

[www.lifespan.org/hch/services/adoption/](http://www.lifespan.org/hch/services/adoption/)

COUNSELING SERVICES

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**Anait Azarian**

Providence, RI

[www.bgcenter.com/BE/AAzarian.htm](http://www.bgcenter.com/BE/AAzarian.htm)

*(She speaks Russian)*

SOUTH CAROLINA

**MUSC International Adoption Clinic at MUSC Children's Hospital**

Charleston, SC

[www.musckids.com/adoptions/](http://www.musckids.com/adoptions/)

## COUNSELING SERVICES

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**Stephanie Abdalla**

One Harbison Way, Suite 109  
Columbia, SC 29212  
(803) 749-6620

**Dr. Katherine St. Germain-Smith**

Bright Beginnings  
Daniel Island Dr.  
Charleston, SC  
Phone: [843-388-8829](tel:843-388-8829)

**Linda Hutton** - Bay Laurel Group

110 Manly Street  
Greenville, SC 29601-3025  
(864) 298-8026

**RaeJean Lipscomb** - Living Stones Family Services

269 S. Church St., Suite 210  
Spartanburg, SC 29306  
(864) 205-6039  
[lipscomb.livingstonesfs@gmail.com](mailto:lipscomb.livingstonesfs@gmail.com)

**Tony Perdomo**

Straight Talk Counseling Center  
215 West Poinsett Street, Suite A  
Greer, SC 29650  
(864) 380-2338  
[perdomonjorege@hotmail.com](mailto:perdomonjorege@hotmail.com)

**Donetta Palmyra "Pal" Powell, LISW-CP-** Comprehensive Behavioral Care

1620 B Lady, Columbia, SC 29201  
(803) 586-1499 Fax: (803) 451-7604  
palpowell@hotmail.com

**Joel Shulkin MD** - Developmental/Behavioral

29 N Academy St, Greenville, SC 29601  
200 Patewood Dr, #A200  
Greenville, SC 29615  
(864) 454-5115

**Cynthia Still** - Clemson Behavioral Health

398 College Avenue  
Clemson, SC, 29631  
(864)653-4112



## TENNESSEE

### **Vanderbilt Children's Hospital Clinic for International Adoption.**

Nashville, TN

[www.vanderbiltchildrens.org/interior.php?mid=259](http://www.vanderbiltchildrens.org/interior.php?mid=259)

## TEXAS

### **Texas Children's Hospital**

Houston, Texas

[www.texaschildrens.org/carecenters/internationaladoption/](http://www.texaschildrens.org/carecenters/internationaladoption/)

### **Children's Medical Center**

Dallas, TX

[www.childrens.com/Specialties/template.cfm?groupid=105&pageid=503](http://www.childrens.com/Specialties/template.cfm?groupid=105&pageid=503)

### **Texas Christian University**

TCU Institute of Child Development

Karyn Purvis, PhD

Programs for struggling children adopted internationally

[www.child.tcu.edu](http://www.child.tcu.edu)

### **Jon A. Bergeron, Ph.D**

1600 University Dr E

College Station, TX 77840

**Phone:** 409-691-3300

### **Tammy Pon, M.D.**

2301 Ohio Drive, Suite 110

Plano, TX 75093

972-992-0289

## VIRGINIA

### **Inova Fairfax Hospital Center**

### **International Adoption Center**

[www.adoptionclinic.org](http://www.adoptionclinic.org)

### **University of Virginia International Adoption Clinic**

### **Children's Medical Center**

### **International Adoption Clinic**

Department of Pediatrics

Charlottesville, VA

[www.medicine.virginia.edu/clinical/departments/pediatrics/clinical-services/adoption](http://www.medicine.virginia.edu/clinical/departments/pediatrics/clinical-services/adoption)

## COUNSELING SERVICES

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### **Dr. Ronald Federici**

McLean, VA

Clifton, VA

<http://www.drfederici.com/>

## WASHINGTON

### **The Center for Adoption Medicine**

**University of Washington Pediatric Care Center**

**FAS Center**

Seattle, WA

[www.adoptmed.org](http://www.adoptmed.org)

Drs. Blesdoe and Davis also specialize in evaluating FAS

## WISCONSIN

### **Children's Hospital of Wisconsin**

**International Adoption Clinic**

Milwaukee, WI

[www.chw.org/display/PPF/DocID/33131/router.asp](http://www.chw.org/display/PPF/DocID/33131/router.asp)

## SERVICES FOUND NATIONALLY

*Some counseling services above can be accessed regardless of where you live, as they provide on-site services for extended period of time or they may provide phone-counseling services.*

*Listed here are other resources that have services throughout the US.*

### **Shriners Hospitals**

Various Shriners Hospitals offer services to children in one or more area: **burn care, orthopedics, spinal cord injury, and clef-lip/palate repair.** The Shriners offer care at no cost to the family, but families must first apply with their insurance company to pay for services. To find a Shriners Hospital that closest to you go to:

<http://www.shrinershq.org/Hospitals/Main/HospitalsBySpecialty>

### **HIV**

<http://www.projecthopeful.org/>

<http://fromhivtohome.org/>

### **Neurodevelopmentalists**

Internacional Christian Asociación of Neuro-developmentalists, [www.ican-do.net/links.htm](http://www.ican-do.net/links.htm). This link provides resources for children with developmental and neurological problems such as sensory integration problems.

### **Therapists for Attachment Issues**

[www.attachment.org](http://www.attachment.org)

[www.attach-china.org](http://www.attach-china.org)

## RESOURCES FOR MEDICAL/DEVELOPMENTAL INTERVENTIONS

Not only is adopting expensive, but the care of a child can also be expensive. Listed are some resources that can help reduce the expenses of caring for a child—especially a child with special needs.

### FINANCIAL RESOURCES FOR HEALTH CARE

United Health Care provides grants for families who need help with the medical care of their children. [http://www.uhccf.org/apply\\_applicant.html](http://www.uhccf.org/apply_applicant.html)

### TEFRA

This program provides financial resources through Medicaid to pay for medical and therapeutic interventions and prescriptions for qualified children. Eligibility is based on your child's income—not yours. However, your child cannot have funds in a savings account; otherwise, based on the amount in the saving account, your child will not be eligible. If your child does have funds in an account in his name, it can take a few years before your child becomes eligible.

Regarding TEFRA in SC, a mother obtained TEFRA but it took her from January to July 2010; fortunately, the benefits were retroactive to November 2009. TEFRA is secondary insurance, and, in some cases, will cover portions that the employer insurance will not.

This mother also added that after you are approved, you must select an insurance plan through TEFRA. What the family was not told is that they could ask for the original Medicaid plan. The original Medicaid plan was the only one that was accepted by the service and health care providers from whom the child was already receiving services.

When signing up for insurance through TEFRA, those affiliated with the other insurance programs through the TEFRA program tried to discourage this family from sticking with the original Medicaid plan by offering them gift cards and personal care items. But, of course, there is no value in selecting a plan that will not cover your child's treatment. Furthermore, do not automatically accept one of the plans listed through the TEFRA call-in-number that reportedly indicates that your child's physician or other health care providers will accept this plan. Check with your child's health care providers directly to see which plans they accept. This family found that there was a huge discrepancy in what plan the child's physician and other service providers would accept and what the TEFRA list indicated.

A good contact resource for SC residents to learn about these benefits is from Family Connections. The website states that if you would like to talk to another parent whose child has TEFRA contact Family Connection at 1-800-578-875. You can visit the website at <http://www.familyconnections.org/>

To find resources in your state go to: <http://www.hdwg.org/catalyst/resources#general>

## EARLY INTERVENTION PROGRAMS

These programs are provided at minimum to no cost to families regardless of income. Your insurance may first be used to cover expenses. To learn more about early intervention programs and find the one in your state go to:

<http://nichcy.org/babies/overview>

**SC BABYNET** This program is for children birth through 36 months of age who may have developmental delays or other issues such as sensory integration problems. Children can receive in-home services including occupational, physical and speech therapy. If you believe that your child may need early you can have your child evaluated at no cost to you. <http://www.scfirststeps.org/BabyNet.html>

## SC FIRST STEPS TO SCHOOL READINESS

This program is coordinated with BabyNet but is for children 36 months old and older who need extra services due to developmental delays and other issues. To contact your regional office, go to [www.scfirststeps.org/babynet.html](http://www.scfirststeps.org/babynet.html) and click on the map to find the location and number.

### **State BabyNet Program**

1300 Sumter St, Suite 100  
Columbia, SC 29201  
803-734-0479 803-734-1431 (fax)

### **Greenville and Pickens Counties**

Center for Developmental Services  
29 N. Academy Street  
Greenville, SC 29601  
864- 331-1450

## EARLY INTERVENTION PROGRAMS IN COLORADO

The Early Intervention Services booklet is an easy-to-read guide on the services your child who is under 36 months old can receive. If your child is more than 36 months old, there are other services also available.

[http://www.eicolorado.org/Files/Guidebook%20II\\_FINAL.pdf](http://www.eicolorado.org/Files/Guidebook%20II_FINAL.pdf)